2022 The Year of YOU | JULY | Money

do you PAY YOURSELF FIRST?



Paying yourself first means that when you get paid your salary, before you start paying bills and spending money on goods and services, you save a portion of your salary first.

IN OTHER WORDS, YOU USE YOUR SALARY TO:

- Pay off debt
- Invest in your retirement
- Add to your emergency savings fun
- Increase your investment contributions

And only then do you spend the money that is left.

Paying yourself is a form of self-care!

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