

# COVID-19

Keeping you informed.



ARA

## STAFF DOMESTIC ACTIVITY AND TRAVEL SANITISATION PROCEDURES

All ARA staff members need to safeguard themselves, not only when at work with colleagues but also at home with their families.

### @ Home

- Ensure that when anyone leaves the home they wear a cloth mask.
- The virus can be transferred from containers used to pack groceries. Ensure you sanitise every time you touch any container.
- Do not allow friends to visit you at home. Lockdown is intended to prevent human contact as far as possible (NO social or recreational activities are allowed).

### @ Travelling to buy essentials or going to work

- Do not exceed the legal maximum number of passengers as per the COVID-19 regulations.
- If you use public transport, wear a cloth mask at all times. Do not touch anything unless you absolutely have to. Once you have boarded the vehicle immediately sanitise your hands.
- Ensure that your mask is washed and properly dried daily.
- If your mask is damaged, ensure you get a replacement mask immediately.
- Try to stay as far away as possible from any other passengers and avoid anyone who appears sick or is coughing/sneezing.



**Your safety is our highest priority**



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