

2 June 2023

Dear Valued Member

## OCCUPATIONAL HEALTH & SAFETY TRAINING

Please find information below on the exciting *Occupational Health & Safety Training* taking place in the month of June at the MIBCO office.

Date	Time	Course name
13 June 2023	12:30 - 16:30	Occupational Health & Safety - SHE REP - (Health & Safety representative)
SHE Rep – Describes the functions of the workplace Health & Safety representative		
14 June 2023	08:30 - 13:00	Perform basic life support and first aid procedures (Level 1)
14 June 2023	13:00 - 16:30	FIRETRAC - Perform basic fire fighting PLUS apply fire fighting techniques

**Venue:** MIBCO Bloemfontein office  
26 Lombard Street Hilton Bloemfontein

Quotation is calculated once the number of attendees are completed on the attached booking form.

- ✓ Please RSVP as soon as possible before training commences (at least 5 working days).
- ✓ Please note : Seats are limited, payment secures your seat.
- ✓ If the booking is NOT cancelled within 72 hours of the course, you will be held liable for the FULL cost.
- ✓ Refunds are NOT permitted BUT a credit will be added to your account for future use.

Please complete the attached booking form and return to [admin@csrsa.com](mailto:admin@csrsa.com) or [peter@csrsa.com](mailto:peter@csrsa.com) or call CSRS on 021 001 7600.

Once you have made payment your seat is guaranteed. We look forward to seeing you in the classroom.

Please be reminded that CSRSza monthly contracted clients train at no cost.

**Who should attend which training?**

- HBA / COVID - 19 (SAIOSH Accredited) - **For ALL employees**
- ERGONOMICS (SAIOSH Accredited) **For ALL employees**
- Health & Safety Inductor (SAIOSH Accredited) - **For ALL employees**
- Health & Safety Representative (SAIOSH Accredited) - **Managers and senior employees**  
**(\*Inductor MUST be completed first)**
- Fire Prevention & Protection (SAIOSH Accredited) – **As required**
- 1<sup>st</sup> AID (SAIOSH Accredited / DoE&L Accredited) – **As required**

\* Health & Safety Inductor – Explain basic health & safety principles in & around the workplace

